

Madhuben and Bhanubhai Patel Women's Institute of Engineering

Report

Seminar on 'Women Empowerment and Nutrition'

Date:1st August, 2018

Time: 6:00 pm

“There is no tool for development more effective than the empowerment of women.” Highlighting this motto, a seminar on “women empowerment” was held by the NSS Unit and Women Cell of MBICT at Shardaba Girl's Hostel for first year hostel students. The President WDC CVM and Principal BJVM Dr. Ketaki Sheth gave overview of Women Development of Charutar Vidya Mandal an the four arenas namely health, education, harassment and counselling were emphasized in detail. The Vice-President of WDC CVM and Principal, S M Patel College of Home Science College Dr. Bhavana Chauhan explained the importance of nutrients like iron, calcium and vitamins in a woman's health cycle. She also explained that food is affects everyone psychologically, physiologically and socially. It was advised to the students to coordinate health and education as their first priority.



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