

## **Understanding our traditions and their associated 'myths'**

The Principal of CVM's , V & C Patel English School's since its inception in 2008 has been conducting interactive sessions with mothers whose daughters undertake Gauri Vrat Fast in the month of July every year for the past 9 years.

On 21-07-18, the Principal conducted an interactive session with the mothers this year too. The objective of the session was to help mothers empower their daughters become thinking individuals and to delink the thought steeped in our collective consciousness of associating this Vrat with begetting a 'Good Groom'! The session was dealt in a sensitive manner without hurting religious sentiments. It was a fruitful session and a number of mothers actively participated in this session which included a grandmother too!