

CHARUTAR VIDYAMANDAL WOMEN DEVELOPMENT CELL VALLABH VIDYANAGAR

AREA OF WORK: HEALTH

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A women's health is her total well being, not determined solely by biological factors and reproduction, but also by effects of workload, nutrition, stress, war, migration etc. Women's health issues have gained attention international level and political commitment has increased in recent decade. With the policies and programme targeted at women's health have enabled women to lead healthier lives but significant gender based health disparities remain and challenges continue. Indian women have come a long way with respect to careers and social standing. However they still remain unaware of their personal well being and health needs. Often they ignore health problems until it becomes unavoidable or chronic or fatal. The reason for not visiting doctors varies from busy schedule to staying in denial mode and some still prefer home remedies.

WDC intends to examine different health issues and lifestyle of working women and improve their health and sensitize families and societies towards issues of working women's health and initiate timely life span intervention.

We also aim to study effect of health of women having multiple roles.